

Daily Routine (page 1)

Name: _____ Age: _____

Morning

Wake-up Time _____ 

Afternoon

_____ 

Evening

_____ 


For info, please go to www.hythebookkids.com

Discipline Tools

Child's Name(s): _____
Age(s): _____

Discipline Actions: *(Use the boxes to numerically order the discipline actions)*



- Time Out (1 minute suggested for every year of age).
- Take the toy/activity away for a short period of time.
- Send the child to his/her room for a "cool-down" period.
- Call parent to report the problem.
- Other: _____
- Other: _____

These are _____ 

Extra Curricular Details

Child's Name: _____
Activity: _____
Date & Time of Activity: _____
Location: _____
Directions: _____

How Long Activity Lasts: _____
Teacher/Coach Name: _____
Do I need to stay there with them or leave and pick them up? _____
needed for activity: _____
Details: _____

Name: _____ 
Time of Activity: _____ 

Sitter Notes

What's going on today: _____ 

Date: _____
Numbers to call to reach me:
(cell) _____
(cell) _____

Where I will be: *(List an address and intersection if possible.)* _____

Phone Number: _____

When I will return: _____

While I am gone:
(You may refer to "All About My Babies" for the daily schedule on page 6)

For info, please go to www.hythebookkids.com Updated _____

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Emergency Plans

House Address: _____

In case of FIRE: 
CALL 911
EXIT PLAN:
Main level: _____
Upstairs level: _____
Lower level: _____
MEETING PLACE: _____

In case of SEVERE WEATHER:
Tune into TV Station: _____
Tune into Radio Station: _____
What to do: _____


In case of LOSS OF ELECTRICITY:
What to do: _____

Other emergency equipment and its location:

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Illness Notes

Name: _____ Date: _____
Age: _____ 

Responses: _____

Intake: _____

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