

Weight Watchers

Item	Points
Bowls	
Chicken Bowl	
Chicken/Veggie Bowl	
Beef Bowl	
Beef/Veggie Bowl	
Half/Half Bowl	
Works Bowl	
White Meat/Brown Rice	
Chicken Bowl	
Chicken/Veggie Bowl	
Beef Bowl	
Beef/Veggie Bowl	
Half/Half Bowl	
Works Bowl	
Mini Bowls	
Mini chicken Bowl	
Mini Beef Bowl	
Mini Half/Half Bowl	
Plates	
Chicken Plate	
Beef Plate	
Chicken/Beef Plate	
Rib Plate	
Works Plate	

Points Plus

Item	Points
Bowls	
Chicken Bowl	
Chicken/Veggie Bowl	
Beef Bowl	
Beef/Veggie Bowl	
Half/Half Bowl	
Works Bowl	
Mini Bowls	
Mini Chicken Bowl	
Mini Beef Bowl	
Mini Half/Half Bowl	
Plates	
Chicken Plate	
Beef Plate	
Chicken/Beef Plate	
Rib Plate	
Works Plate	