



# WEEKLY MENU PLANNER

WEEK OF: January 23 - 29, 2010

**SATURDAY**

Southwestern  
Turkey Hash

**SUNDAY**

Pork & Mushroom Kebabs  
Saffron Basmati Rice

**MONDAY**

Salmon Burgers  
Veggie Baked Potatoes

**TUESDAY**

Frozen Pizza

**WEDNESDAY**

Tuna Sandwiches  
Chicken Noodle Soup

**THURSDAY**

Turkey Dogs  
Macaroni & Cheese

**FRIDAY**

Date Night Out!!!



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