

Weekly  
Dinner  
Menu  
(May 9-15)

{Sunday} whatever  
you can find in  
the fridge

{Monday} white  
chicken chili

{Tuesday} enchilada  
crockpot chicken

{Wednesday} beef  
szechuan with  
broccoli (15a) \*

{Thursday} baked  
ziti (164) \*

{Friday} pizza!

{Saturday} fajitas

\*from biggest loser family cookbook