

Practice Planner from ["The Coach's Clipboard"](#)

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Practice #	Opponent	Site
Day	Date	Time
Thought for the day:		

Off Fundamentals	Time	Drill
Footwork		
Ball Handling		
Dribbling		
Passing		
Screening		
Cutting		
Post Moves		
Perimeter		
Shooting		
3 Pt. Shooting		
Free Throws		
Def Fundamentals		
Slides		
Deny Wing		
Deny Flash		
Defend Screens		
Defend Post		
Help and Recover		
Help-side Defense		
Ball Screens		
Reverse Help		
Rotation		

<u>Evaluation/Comments:</u>	
<u>Reminders:</u>	