

### Weekly Meal Planner

Week of September 27, 2010

<b>Monday 27</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	<b>Tuesday 28</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	<b>Grocery List</b> _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____ _____
<b>Wednesday 29</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	<b>Thursday 30</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	
<b>Friday 1</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	<b>Saturday 2</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	
<b>Sunday 3</b> Main Course _____ Side Dish _____ Vegetable _____ Other _____	<b>Meal ideas for next week</b> _____ _____ _____ _____	