



Meal Plan

mon

tue

wed

thu

fri

sat

sun

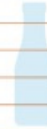


Shopping List

produce



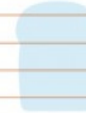
dairy



meat, fish & poultry



bread, pasta & cereal



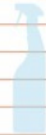
drinks & snacks



frozen food



house & cleaning



misc.