

# September 2013 Monthly Menu Plan

from [PocketChangeGourmet.com](http://PocketChangeGourmet.com)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <a href="#">*Bacon Ranch Chicken Strips</a> *Sweet Corn	2 <a href="#">*Labor Day Cookout</a>	3 Breakfast for Dinner: <a href="#">*Biscuit Bowls</a> <a href="#">*Fruit Smoothies</a>	4 <a href="#">*Quick and Easy Cheesy Chicken Enchiladas</a> <a href="#">*Chips &amp; Pico de Gallo</a>	5 *Baked Ziti <a href="#">*Garlic Bread</a> *Salad	6 15 minute meal: <a href="#">*Pizza Quesadillas</a>	7 <a href="#">*Naked Wings</a> <a href="#">*Potato Skins</a> <a href="#">*Roasted Corn Salsa</a>
8 <a href="#">*Ultimate Royal Burger</a> *Red Robin Oven Fries	9 <a href="#">*Honey Hoisin Chicken in the Slow Cooker</a> *Green Beans *Rolls	10 <a href="#">*Teriyaki Beef Noodle Bowl</a> *Salad	11 <a href="#">*Fiesta Skillet Dinner</a> *Salad	12 <a href="#">*Spaghetti and Meatballs</a> *Garlic Bread *Salad	13 <a href="#">*Chicken Strips with White BBQ Sauce</a> <a href="#">*Crispy Potatoes</a>	14 Appetizer Meal: <a href="#">*Supreme Pizza Dip</a> <a href="#">*Fresh Mozzarella Bites</a>
15 <a href="#">*Beer Can Chicken</a> *Grilled Potatoes	16 <a href="#">*Slow Cooker Rotisserie Chicken</a> *Potatoes *Green Beans <i>(25 Easy Recipes using Rotisserie Chicken)</i>	17 Breakfast for Dinner: <a href="#">*Blueberry Pancakes</a> <a href="#">*Fried Potatoes</a> (leftover from Mon.) *Fruit	18 <a href="#">*Taco Soup</a>	19 <a href="#">*Chicken Philly Sandwiches</a> *Sweet Corn	20 <a href="#">*Pizza Sliders</a> *Salad	21 <a href="#">*Copycat Chick-fil-A Sandwich</a> *Oven Fries
22 <a href="#">*Grilled Chicken Fajitas</a> *Rice	23 <a href="#">*Creamy Chicken and Noodles</a> *Mashed Potatoes	24 <a href="#">*Steak Dinner</a> *Baked Potatoes *Salad	25 <a href="#">*Mexican Pizza</a> *Rice	26 *Soup <a href="#">*Grilled Italian Chicken Sandwich</a>	27 *Burgers <a href="#">*Loaded Potato Skillet</a>	28 <a href="#">*Pulled Pork Sandwiches (with Root Beer Barbecue Sauce)</a> *Salad
29 <a href="#">*Buttermilk Fried Chicken</a> *Baked Potatoes *Corn	30 <a href="#">*Mexican Macaroni and Cheese</a>	<b>Dessert Options:</b>	<a href="#">*Caramel Cashew Bar Cookies</a> <a href="#">*Brownie Goody Bars</a>	<a href="#">*Apples Cookies with Oatmeal and Caramel</a> <a href="#">*Easy Fried Pies</a>		