

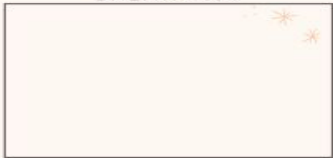
# MY PLANNER

TODAY!

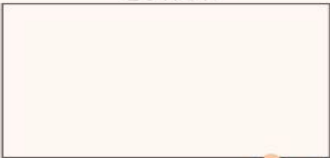
DAY: .....

☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐ Sun

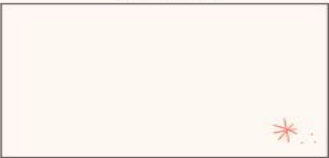
BREAKFAST



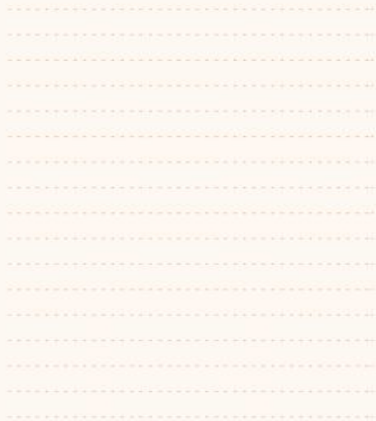
LUNCH



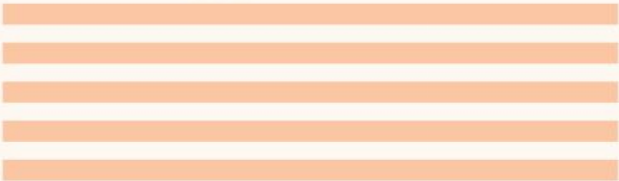
DINNER



TO DO LIST



REMEMBER!



GOALS



NOTES

