



★ you look ★  
great ★  
★ today!


Today is your  
Lucky Day!  
I can feel it! 

Someone is  
thinking of  
you right  
now! 

  
You are  
special!



Be  
Happy!  





you  
are  
LOVED! 

SMILE!   
yes, I'm talking  
to you!

DREAM  
BIG

you are  $e=mc^2$   
so SMART!

 keep your  
CHIN up! 


EVERYTHING IS GOING TO BE OK   





Remember... you are blessed! 


HELLO,  
beautiful!

Happy Notes Directions:  
cut the notes out and  
leave them in public  
places for strangers to  
find... in library books,  
bathroom stalls, shopping  
carts, grocery store shelves,  
fitting rooms... be creative  
and spread some sunshine  
everywhere you go!

Have a  
SUPER  
Day! 

GOOD  
LUCK! 

you are    
Beautiful  
inside and  
  OUT!

Have you  
lost weight? 



IT'S MY  
TREAT!  
ENJOY

Love 