



# Nurse Survival Kit



## Nurse Survival Kit

**Lifesaver Candy:** Because you are a real life saver.

**Tissues:** For those times when you have to dry tears, including your own.

**Snickers Candy:** To remind you that laughter really is the best medicine.

**Sucker:** To help you lick every problem you face.

**Starburst Candy:** For those times when you need a burst of energy.

**Marbles:** To replace any you might lose.

**Jolly Rancher:** To remind you to laugh at times when you feel like crying.

**Stick of Gum:** To help you get through sticky situations.

**Mint:** To remind you your compassion is worth a mint.

**Rubber Band:** For when you need to stretch beyond your limits.

