

the taylor house

PACK YOUR OWN LUNCH

choose a protein

turkey sandwich
peanut butter sandwich
chicken and rice

cheese quesadilla
bean and cheese burrito
pasta and turkey

choose a fruit

del monte fruit burst squeezers
strawberries
grapes

apple
clementine
peaches

choose a veggie

carrots
salad
celery sticks

broccoli
tomatoes
snap peas

choose a snack

brownie
yogurt
cookie

granola bar
string cheese
fruit snacks

choose a drink

water
milk

chocolate milk
juice box

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FREE Printable

