

DAY & DATE: _____

TODAY'S PLAN OF ACTION

MUST DO TODAY OR ELSE

1

DONE

2

3

MORNING

AFTERNOON

EVENING

WHAT'S ON THE MENU

HOUSEHOLD CHORES
THAT NEED DOING

TO DO LIST

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Write tomorrow's plan!

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