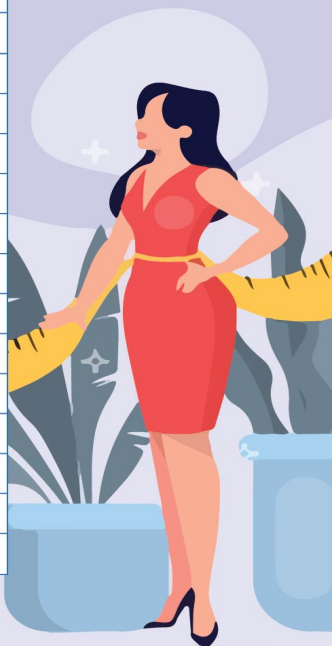
WEIGHT TRACKER

DATE	WEIGHT	+/-	COMMENTS