emergencyinformati

address:

phone #:

emergency: 911

poison control: 1-80

police:

fire department:

pediatrician:

family doctor:

dentist:

veterinarian:

notes:

Organizing Your Way

masterto-do list

week of:

description

babysitterinformation

{emergency info}

emergency: 911

parents' names:

where we'll be:

cell phone:

emergency contact:

phone #:

child #1: age:

allergies:

child #2: age:

allergies:

child #3: age:

allergies:

child #4: age:

allergies:

{food}

meals:

off limits:

snacks:

{bedtime}

bedtime routine:

{other}

important rules:

notes:

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weeklymenu plan

	breakfast	lunch	dinner	snacks
sun.				
mon.				
tues.				
wed.				
thurs.				
fri.				
sat.				

{grocery list}

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