

Shopping List



Produce

- ☐ Apples
- ☐ Bananas
- ☐ Broccoli
- ☐ Carrots
- ☐ Cauliflower
- ☐ Celery
- ☐ Cherries
- ☐ Corn
- ☐ Cucumbers
- ☐ Grapes
- ☐ Green Beans
- ☐ Kiwi
- ☐ Lemons
- ☐ Lettuce
- ☐ Mushrooms
- ☐ Onions
- ☐ Oranges
- ☐ Peaches
- ☐ Peas
- ☐ Potatoes
- ☐ Spinach
- ☐ Strawberries
- ☐ Tomatoes
- ☐ Watermelon
- ☐ _____
- ☐ _____

Beverages

- ☐ Coffee
- ☐ Juice
- ☐ Soda
- ☐ Tea
- ☐ Water
- ☐ _____
- ☐ _____

Bread

- ☐ Bagels
- ☐ Bread
- ☐ Bread Rolls
- ☐ Cakes
- ☐ Cookies
- ☐ Crumpets
- ☐ Danish
- ☐ English Muffins
- ☐ Muffins
- ☐ _____
- ☐ _____

Canned/Packaged

- ☐ Beans
- ☐ Corn
- ☐ Crackers
- ☐ Fruit
- ☐ Pasta
- ☐ Rice
- ☐ Rice
- ☐ Tomato Paste
- ☐ Tuna
- ☐ _____
- ☐ _____

Condiments

- ☐ BBQ Sauce
- ☐ Honey
- ☐ Ketchup
- ☐ Mayonnaise
- ☐ Mustard
- ☐ Oil
- ☐ Peanut Butter
- ☐ Pepper
- ☐ Salad Dressing
- ☐ Salt
- ☐ Soy Sauce
- ☐ Steak Sauce
- ☐ Syrup
- ☐ Tarter Sauce
- ☐ _____
- ☐ _____

Baking

- ☐ Baking Powder
- ☐ Baking Soda
- ☐ Bread Crumbs
- ☐ Brown Sugar
- ☐ Brownie Mix
- ☐ Cake Mix
- ☐ Chocolate Chips
- ☐ Flour
- ☐ Icing
- ☐ Muffin Mix
- ☐ Sugar
- ☐ Vanilla Extract
- ☐ Yeast
- ☐ _____
- ☐ _____

Breakfast

- ☐ Cereal
- ☐ Eggs
- ☐ Granola
- ☐ Cornmeal
- ☐ Pop Tarts
- ☐ Toasted Scudale
- ☐ Waffles
- ☐ _____
- ☐ _____

Snacks

- ☐ Candy
- ☐ Chip Dip
- ☐ Nuts
- ☐ Popcorn
- ☐ Potato Chips
- ☐ Pretzels
- ☐ Salads
- ☐ _____
- ☐ _____

Meat

- ☐ Bacon
- ☐ Chicken
- ☐ Fish
- ☐ Ground Beef
- ☐ Ham
- ☐ Lamb
- ☐ Pork
- ☐ Roast Beef
- ☐ Sausage
- ☐ Turkey
- ☐ _____
- ☐ _____

Dairy

- ☐ Butter/Margarine
- ☐ Cheese, Block
- ☐ Cheese, Shred
- ☐ Cottage Cheese
- ☐ Cream Cheese
- ☐ Milk
- ☐ Parmesan Cheese
- ☐ Sour Cream
- ☐ Whipped Cream
- ☐ Yogurt
- ☐ _____
- ☐ _____

Frozen

- ☐ Dinners
- ☐ Chicken
- ☐ Fish
- ☐ Ice Cream
- ☐ Pasta
- ☐ Rice
- ☐ Pizza
- ☐ Popicles
- ☐ Potatoes
- ☐ Vegetables
- ☐ _____
- ☐ _____

Beauty

- ☐ Body Wash
- ☐ Cotton Balls
- ☐ Conditioner
- ☐ Deodorant
- ☐ Hair Gel
- ☐ Hair Spray
- ☐ Lip Balm
- ☐ Lotion
- ☐ Razors
- ☐ Shampoo
- ☐ Soap
- ☐ Tampons
- ☐ Tooth Brush
- ☐ Tooth Paste
- ☐ Q-Tips
- ☐ _____
- ☐ _____

Health

- ☐ Allergy Medicine
- ☐ Aspirin
- ☐ Bandages
- ☐ Cold Medicine
- ☐ Eye Drops
- ☐ First Aid Cream
- ☐ Vitamins
- ☐ _____
- ☐ _____

Cleaning

- ☐ Air Freshener
- ☐ All Purpose Spray
- ☐ Bleach
- ☐ Dish Detergent
- ☐ Fabric Softener
- ☐ Floor Cleaner

- ☐ Glass Cleaner
- ☐ Kitchen Cleaner
- ☐ Laundry Detergent
- ☐ Rledge
- ☐ Toilet Cleaner
- ☐ _____
- ☐ _____

Paper

- ☐ Roll
- ☐ Napkins
- ☐ Paper Towels
- ☐ Plastic Wrap
- ☐ Tissues
- ☐ Toilet Paper
- ☐ Trash Bags
- ☐ _____
- ☐ _____

Baby

- ☐ Baby Lotion
- ☐ Baby Oil
- ☐ Diapers
- ☐ Food
- ☐ Wipes
- ☐ _____
- ☐ _____

Pet

- ☐ Cat Litter
- ☐ Cat Litter Bags
- ☐ Cat Treats
- ☐ Dog Treats
- ☐ Dry Cat Food
- ☐ Dry Dog Food
- ☐ Wet Cat Food
- ☐ Wet Dog Food
- ☐ _____
- ☐ _____