

A **Hero** is an
Ordinary individual
who finds the strength
to **Persevere**
and endure
in spite of
Overwhelming
obstacles
Christopher Reeve

"one
filled
With
Joy
Preaches
Without
Preaching"
Mother Teresa

If **YOUR**
ACTIONS
inspire others
to **Dream** more
Learn more
DO more
and **Become**
more, **YOU**
are **Leader**.
John Quincy Adams

Courage
is more
exhilarating
than fear and the long run
it is **easier** we do not
Need to become
HEROS over night.
Just a Step at a **Time**
meeting each thing that
comes up
Seeing it is Not as dreadful as it
appeared, discovering
we have the **strength**
to **stare** it down.
ELEANOR ROOSEVELT