

"People never improve unless they look to some standard or example higher or better than themselves."

-Tyrone Edwards

"A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles."

-Christopher Reeves

"One filled with joy preaches without preaching."

- Mother Teresa

"The hero is one who kindles a great light in the world, who sets up blazing torches in the dark streets of life for men to see by."

-Felix Adler

"Courage is more exhilarating than fear and in the long run it is easier. We do not have to become heroes overnight. Just a step at a time, meeting each thing that comes up, seeing it is not as dreadful as it appeared, discovering we have the strength to stare it down."

- Eleanor Roosevelt

"If your actions inspire others to dream more, learn more, do more, and become more, you are a leader."

-John Quincy Adams

"The most important single influence in the life of a person is another person . . . who is worthy of emulation."

-Paul D. Shafer