

Week of _____

Journal

Calendar (8 circles)

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	Dinner	Weekly Task	Appointments
Monday ○○○○○○○ ○○○/○	_____	Wash laundry Clean bathrooms	_____
Tuesday ○○○○○○○ ○○○/○	_____	Wipe front Wash top/bottom	_____
Wednesday ○○○○○○○ ○○○/○	_____	Wipe door handles Wipe light switches Clean refrigerator	_____
Thursday ○○○○○○○ ○○○/○	_____	Wipe appliances	_____
Friday ○○○○○○○ ○○○/○	_____	Wash plates Dust	_____
Saturday ○○○○○○○ ○○○/○	_____	Grocery Shopping Update calendar Recycling Center	_____
Sunday ○○○○○○○ ○○○/○	_____	Organize Coupons Catch up on tasks	_____

House

The Working Mom's Daily Do's

House (8 circles)

- Before Work**
- Make Bed
 - Clean Laundry
 - Take Vacuum

- After Work**
- Wash Laundry
 - Sweep/ Vacuum
 - Wipe Front
 - Wipe/ Clean
 - Wipe/ Clean
 - Wipe/ Clean

Shopping List

Buy Milk

To Do List

Notes

Shopping List

Buy Milk

To Do List

Notes