ehealth forum

MEDICATION CHECKLIST

Unsure how to communicate with your doctor? Fill out this form to take with you to your next medical appointment. Compliments of eHealth Forum, an online health service available 24/7.

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You may be taking many different medicines, numerous vitamins and over-the counter drugs. It can be confusing to keep track of everything! This form can help. Because your medication regimen may change over time, make a copy of the blank form so you will always have a clean copy to use. Bring a completed and updated copy of this form to every doctor appointment.

NAME OF DRUG	PRESCRIBING DOCTOR	WHAT IS IT FOR?	START DATE	COLOR SHAPE	DOSE (mg)	DOSE (frequency)	INSTRUCTIONS FOR USE