

**FREE DOWNLOAD**

<b>H</b>	<b>E</b>	<b>A</b>	<b>G</b>
Donate clothes you no longer wear to charity.	Help your mom and dad decorate for the holidays.	Clean your room.	Write a thank you note to someone who has done something nice for you lately.
Help your teacher clean up the classroom.	Ask an elderly neighbor if you can help them.	Help do the dishes after dinner.	Make a card for someone in the hospital.
Call or spend time with your grandparents.	Write and sing letters to someone at school who isn't your friend.	<b>I grew my heart 5 sizes and shipped it!</b>	Hold the door open for someone.
Write a letter to your teacher.	Make a holiday card for your teacher.	Donate one (or more) of your toys to charity.	Give someone in your family a hug.
Help your mom and dad decorate for the holidays.	Help your mom and dad decorate for the holidays.	Help your mom and dad decorate for the holidays.	Help your mom and dad decorate for the holidays.

**GRINCH GROW YOUR HEART**

