



Daycare Lunch Menu



May 2011

Menu Details
 LDS menus follow the USDA Child Nutrition program and student preferences. We serve lean, quality meats with little or no trans fats and a minimal amount of added sugar or salt. Breads are delivered fresh daily from a local bakery using whole wheat flour in most products.

Locally-Grown Produce:
 At Lancer as part of our "Commitment to Quality" we work with our distributors and vendors to source locally produced sustainable products. The following will be utilized in May when available:
 Fresh Locally-Grown Produce offered when available

Lunch Options:
 Vegetarian
 Chef or Garden Salad
 Traditional Chicken Caesar Salad
 Deli Sandwich
 Pizza Program

Deli Sandwich:
 Week 1: Oven Roasted Turkey
 Week 2: Chicken Salad
 Week 3: Egg Salad
 Week 4: Chicken Caesar Wrap
 Week 5: Turkey ham & Cheese

Commitment to Quality
 Lancer Dining does not use any products that contain pork, peanuts, or peanut oil. All products are baked or steamed, never fried.
 For more information about LDS visit www.lancerdining.com
 Menu subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Deli 1	National Teacher Day 3	4	Cinco De Mayo 5	6
Turkey Breast Steak Rice Pilaf Applesauce Fresh Vegetable & Ranch	Macaroni & Cheese Turkey Ham Steak Fresh Fruit Fresh Carrots	BBQ Beef Riblet Hoagie Bun Baked French Fries Fresh Fruit	Cheese Quesadilla Romaine Blend Salad & Ranch Dressing Pineapple Tidbits	English Muffin Sandwich Egg and Turkey Canadian Bacon Tator Tots & Ketchup Fresh Apple
Week 2 Deli 9	10	11	12	13
Chicken Nuggets Steamed Corn Mandarin Oranges Biscuit & Jelly	All Beef Hot Dog on Hot Dog Bun Ketchup & Mustard Seasoned Potato Wedges Fresh Fruit	Italian Meat Sauce and Pasta Romaine Salad Blend Ranch Dressing Diced Peaches	Turkey Breast BBQ Wheat Bun Potato Salad Fresh Fruit	Chili Con carne Twisted Cheese Sticks Romaine Blend Salad & Dressing Fresh Fruit
Week 3 Deli 16	17	18	19	20
Turkey & Gravy Mashed Potatoes with Chives Fresh Fruit Biscuit	Beef Tacos Soft Tortillas with Lettuce, Cheese & Salsa Fresh Fruit	Popcorn Chicken Macaroni & Cheese Fresh Carrots & Ranch Tropical Fruit Salad	Juicy Hamburger on Wheat Bun Ketchup & Pickles Baked Potato Wedges Fresh Fruit	Turkey & Cheese Deli Wheat Bun Fresh Cucumber Wedges Ranch Dressing Fresh Fruit
Week 4 Deli 23	24	25	26	27
French Toast Sticks Maple Syrup Turkey Sausage 100% Fruit Juice Apple	Mini Turkey Corn Dog Ketchup & Mustard Steamed Corn Fresh Fruit	Sloppy Joe on Wheat Bun Oven Baked Fries & Ketchup Fresh Fruit	Italian Meat Sauce & Pasta Romaine Salad Blend Italian Dressing Diced Peaches	Breaded Chicken Patty Wheat Bun & Ranch Potato Salad Fresh Melon
Week 5 30	31			
HAPPY MEMORIAL DAY!	Meatballs & Brown Gravy Creamy Mashed Potato Diced Mixed Fruit Biscuit & Margarine			