

Recipe: Granny's Stuffed Peppers

From: Mom

Ingredients:

- 1 lb ground beef
- 2 green bell peppers
- 2 1/2 C basmati rice
- 1 can tomato basil soup (GF)
- salt
- pepper
- garlic salt
- onion powder

Directions:

- Cook basmati rice as directed.
- Mix together ground beef and 1 cup of cooked rice.
- Season with salt, pepper, garlic salt and onion powder.
- Slice peppers and remove stems and seeds.
- Fill peppers with meatball from meat mixture.
- Make meatballs with remaining mixture.
- Place stuffed peppers and meatballs into a baking dish.
- Combine soup with one soup can of water and onion powder.
- Cover stuffed peppers and meatballs with soup.
- Bake at 350° for 45 minutes.



Alaina Ann