

BLOOD SUGAR FOR THE WEEK OF _____

	Breakfast		Lunch			Dinner			Bedtime		During the Night		
	blood sugar before	insulin	blood sugar before	blood sugar before	insulin	blood sugar before	blood sugar before	insulin	blood sugar before	blood sugar before	insulin	blood sugar before	blood sugar before
MONDAY													
TUESDAY													
WEDNESDAY													
THURSDAY													
FRIDAY													
SATURDAY													
SUNDAY													

WEEKLY BLOOD SUGAR NOTES
