Weight Loss Journal

Pet's Name_____Date:__/__/__Present Weight:____Target Weight:____

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10
kg	kg	kg	kg	kg	kg	kg	kg	kg	kg
kg	kg	kg	kg	kg	kg	kg	kg	kg	kg
kg	kg	kg	kg	kg	kg	kg	kg	kg	kg
kg	kg	kg	kg	kg	kg	kg	kg	kg	kg
kg	kg	kg	kg	kg	kg	kg	kg	kg	kg