

THE ETHNIC PANTRY
ASIAN STAPLES
THEETHNICPANTRY.COM

PRODUCE

- amaranth
- baby corn
- bamboo shoot
- beans: *G/broad/long/ snake/wing*
- chayote
- chestnut
- Chinese celery
- cucumber shoot
- cucumber: *G/Y/Japan*
- daikon radish
- eggplant
- galangal root
- garland
- chrysanthemum
- ginger
- gourd: *angle/d/bitter/ bottle/smoke*
- horseradish tree pods
- jicama
- kaiware (*radish sprout*)
- kinome (*prickly ash*)
- kohlrabi
- loofah
- pea: *snow/sugar*
- pea shoot (*Dou Afiao*)
- pepper: *Thai/Korean*
- petal (*chick/flower/bean*)
- shallot
- soy bean/sprouts
- squash: *kabocha*
- taro root
- turmeric
- turnip
- yam

GREENS

- Asian lettuce
- bok choy
- boxthorn
- cabbage: *Napa/Chinese*
- ceylon spinach
- choy sum
- kailan (*Chinese kale*)
- kangkung (*water spinach*)
- miruna
- mustard cross
- purslane
- saucopus
- stem lettuce
- watercress

FRUIT

- apple: *Pigt*
- banana flower
- belimbing
- coconut
- dragonfruit
- guava
- jackfruit
- kaffir lime
- mango
- papaya
- pear: *Korean/Shingo*
- plantain

HERBS

- banana leaf
- chive
- cilantro
- curry leaf
- holy basil
- kaffir lime leaf
- laksa leaf (*viet, Viet*)
- lemon basil (*maengkai*)
- lemongrass
- lotus leaf
- mint
- mitsuba (*J. parsley*)
- pandanus leaf
- pennywort
- peperomia (*voang csa*)
- salam leaf
- sawtooth
- scallion
- shiso/perilla
- Thai basil

FUNGI

- black moss
- button
- cloud/wood ear
- dried bamboo
- dried black
- enokitake (*goldtex*)
- king oyster
- matsutake
- nameko
- oyster
- shiitake
- shimeji
- straw
- white cloud (*Silver*)

SOY

- beancurd pouch (*toaru*)
- beancurd skin (*yuba*)
- fried beancurd
- soy bean
- soy milk
- tempeh
- tofu: *silken/firm*

BEANS

- adzuki
- anasazi
- black
- black-eyed pea
- chickpea
- kidney
- mung
- red lentil
- red-streak (*Borlotti*)
- sesbania

RICE

- black
- brown: *long/short*
- jasmine
- sushi
- sweet

GRAINS

- millet
- pearl barley
- tapioca pearl: *Sm/Lrg*

SPICES

- annato
- saffron
- sesame seed
- star anise

CANNED

- baby corn
- bamboo shoot
- coconut: *milk/meat/ cream*
- grass jelly
- jackfruit
- kumquat
- mango
- mangosteen
- palm seed/*ww*
- rambutan
- sapota
- sugar cane
- water chestnut

OIL

- chili
- grapeseed
- sesame

FLOUR

- arrowroot
- potato
- rice
- tapioca starch
- water chestnut

SAUCES

- fish
- gado gado peanut
- honey chili
- horseradish: *red*
- mirin
- ponzu
- rice wine vinegar: *W/R/Br/Blk*
- prawn/shrimp paste
- sweet & sour

OTHER

- agaragar: *dried/powder*
- banana chip
- essence: *banana/ cherry/mocca/ orange/pankai*
- fish cracker
- fried onion
- fried shallots
- instant noodles
- palm sugar
- prawn cracker
- rice stick
- rice vermicelli
- tamarind pulp

FROZEN

- edamame
- egg roll
- dumpling wrapper
- fish ball
- gyoza
- hopia
- ice cream
- longanisa (*sausage*)
- mochi: *w/ice cream*
- potsticker
- siu bao
- roll wrapper/pastry

SEAFOOD

- clam: *baby*
- eel
- kingfish
- mackerel
- octopus
- pollack
- prawn
- salmon
- scallop
- shrimp
- snow crab
- squid
- tilapia
- tuna
- yellowtail

JAPAN

- bonito flakes
- breadcrumb (*pasbo*)
- candy: *gummy/rice*
- chili powder/season
- (*shichimi togarashi*)
- curry sauce mix: *mid/med/hot*
- dried kelp (*koebu*)
- flying fish roe: *golden/orange (tobiko)*
- hijiki
- instant miso soup
- Japanese mayonnaise
- katakuri starch
- mirin
- miso paste: *W/R/mix*
- mochi
- noodle: *somen/yadon/ soba/chuka*
- nori
- pickled,
 - daikon radish
 - ginger (*gari*)
 - R. ginger (*beni-shoga*)
 - plum (*umeboshi*)
- powdered kelp tea (*kojacha*)
- rice seasoning (*furikake: ebiseto/yasai*)
- seasoning:
 - *hondashi hito tte*
 - *ichimi togarashi*
 - seaweed *paste/flake (ao-nori)*
- sesame oil
- shiso powder
- soy sauce (*shoyu*)
- sriracha sauce
- sushi seasoning
- sweet rice wine (*ajû-mirin*)
- tempura flour
- veg&fruit sauce

CHINA

- chinkiang vinegar
- chiu chow chili oil
- five spice powder
- hot pot soup base
- lemongrass marinade
- moon cake: *lotus/bean*
- sauces,
 - black bean garlic
 - black pepper
 - bbq (*char siu*)
 - chili bean
 - dumpling
 - hoisin
 - kung pao
 - mabo tofu
 - oyster
 - plum
 - sa cha
 - satay stir-fry
 - shrimp
 - spare rib
 - spicy bean
 - shaoxing wine
 - veg sauce: *mushroom/oyster*
 - won ton soup mix

KOREA

- bbq sauce
- bean paste, seasoned (*doenjang*)
- bean paste, soy (*doenjang*)
- black bean paste
- corn syrup (*maeyost*)
- dried cuttlefish
- honey powder
- hot pepper paste (*gochujang*)
- kimchi
- pancake mix (*jeon*)
- red pepper oil
- red pepper powder (*gochugaru*)
- sesame oil, toasted (*changinsu*)
- sesame seed: *black*
- short grain rice (*saot*)
- shrimp, salted
- soybean flour
- sweet potato noodle (*daegumyeon*)

FILIPINO

- bagoong (*shrimp paste*)
- banana ketchup
- bangus, dried
- chicharon
- coco jam
- macapuno: *ball / string*
- mango, dried
- mixes,
 - adobo
 - bbq
 - caldereta
 - champorado
 - kare-kare
 - menudo

VIETNAM

- palabok
- pansit
- simngang
- sisig
- tamarind
- tocino
- mung beans, sweet
- nata de coco
- nata de pina
- noodle: *canton/bihon*
- palm fruit (*kaong*)
- pan de sal (*bread, roll*)
- papaya pickle
- patis (*fish sauce*)
- polvoron
- sardines in tomato
- suka, sukang
- toyomansi
- ube halaya

THAI

- curry paste: *G/R/Y/ Panang/Masaman*
- fish powder
- fish sauce: *reg/squid/ shrimp*
- in syrup
 - guava
 - jackfruit
 - longan
 - lychee
 - mangosteen
 - palm seed
 - papaya
 - rambutan
 - sapota
- kaffir lime, dried
- galangal root, dried
- holy basil paste
- larb-namtok mix
- limestone paste: *R/W*
- mung bean flour
- peanut dressing
- sambal paste
- satay peanut sauce
- sweet chili sauce
- sweet-sour mango
- tom yum paste

OTHER

- rice spring roll paper: *round/sg*
- seasoning,
 - banh canh cua
 - bo kho stewed beef
 - bun bo hue
 - hu tieu cam vang
 - lau thai lan tom yam
 - pho: *beef/chicken/veg*
 - stewed duck
 - noodle: *rice*