



Use this calendar to help your family plan time to spend together. Print off the calendar and fill in the month and year. Then, sit down together and plan at least one family activity each week. These don't have to be expensive or extravagant events. Shoot hoops, play cards, or even rake leaves together. Spending time together as a family is a powerful way to help your family enjoy the journey.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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