



# JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17

## DATES TO REMEMBER Birthdays & Anniversaries

January	February	March	April
May	June	July	August
September	October	November	December

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### MEAL PLANNER

Week of: \_\_\_\_\_

S	_____
M	_____
T	_____
W	_____
T	_____
F	_____
S	_____

### SHOPPING LIST

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### THIS Week... *At first glance it may appear too hard. Look again. Always look again.*

Week of: \_\_\_\_\_

SUNDAY	_____
MONDAY	_____
TUESDAY	_____
WEDNESDAY	_____
THURSDAY	_____
FRIDAY	_____
SATURDAY	_____
NOTES	_____

### NOTES *You have time to write...*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_