

Blood Glucose Testing Chart for Pregnant Women

Name _____

Use copies of this form to keep track of your blood glucose numbers, your urine or blood ketone test results, and your insulin levels. Print a copy for each week of your pregnancy and do not forget to carry along these records when visiting your doctor.

My Daily Blood Glucose Record																			
Week Starting	Fasting Blood Glucose	1hr or 2hr Blood Glucose	Insulin	Breakfast Blood Glucose	Insulin	Other Blood Glucose	Insulin	Lunch Blood Glucose	Insulin	Dinner Blood Glucose	Insulin	Other Blood Glucose	Insulin	Other Blood Glucose	Insulin	Other Blood Glucose	Insulin	Other Blood Glucose	Notes