

Cleaning / Chore Schedule

Mom's Weekly Planner

Life isn't about finding yourself, it's about creating yourself!

Monday Tuesday Wednesday Thursday

Friday Saturday Sunday

Menu Plan

Daily To Do's

Notes / To Buy

Exercise

Drink water

Have quiet (me) time

Weekly Menu Plan

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Produce

Prepared

Deli / Bakery

Meats

Dry Goods

Meats

Weekly Menu Plan

Date

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Produce

Prepared

Deli / Bakery

Meats

Dry Goods

Meats

Meals I Can Cook

Bless the food before us,
the family beside us,
and the love between us.
Amen

Breakfast

Lunch

Dinner

Dinner

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Saturday Sunday

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IT'S TIME TO TAKE ACTION

Monthly Cleaning List

- Dust fans
- Clean Windows
- Clean baseboards
- Launder duvet covers, mattress pads, & shams.
- Wipe down phones
- Wipe light switch plates
- Wipe insides and outsides of trash
- Clean oven