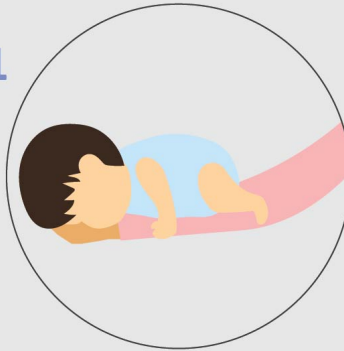


Choking First Aid

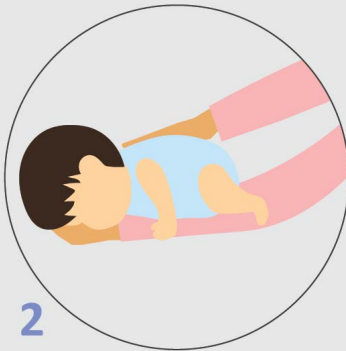
1

Put the baby facedown on your forearm so the baby's head is lower than his or her chest.



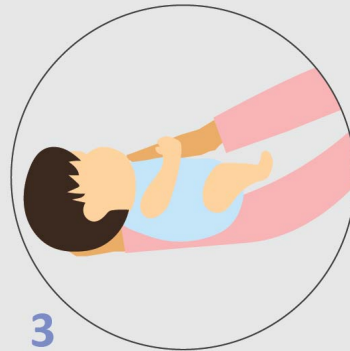
2

Use the heel of one hand to give up to 5 back slaps between the baby's shoulder blades



3

We turn child on to his back and see if the item has been spit out



4

Repeat several times until the choking object comes loose

