



Babysitter Checklist

CHILD'S NAME

CHECKLIST START TIME
INTERVAL (IN MIN)

Schedule	Food and Personal Care					Entertainment and rest (record minutes)				
	Meal or Snack	Bottle or Drink	Brushed teeth	Diaper change	Bath	Outdoor	Indoor	Books	TV	Nap
7:00 AM										
8:00 AM										
9:00 AM										
10:00 AM										
11:00 AM										
12:00 PM										
1:00 PM										
2:00 PM										
3:00 PM										
4:00 PM										
5:00 PM										