

Meal Planning for Late September - early November 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	saturday
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(September) 26	27	28	29	30	(October) 1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	(November) 1	2	3	4	5	6

Notes :

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