

Armley Leisure Centre Swimming Pool Opening Times.

Activity Day	Adults Only	General Swim	Swimming Lessons	School Swimming Lessons	Aquafit	Parent & Baby	Disability Swim	Women Only	Canoe Polo	Training Scheme
Monday	8.30 - 9.30	11.00 – 13.00 14.30 – 16.00 17.15 – 18.00 19.00 – 20.00	16.00 – 17.15	10.30 – 11.00 13.30 – 14.30		9.30 – 10.30			20.00 – 22.00 (Water Polo)	18.00 – 19.00
Tuesday	8.30 - 9.30 21.00 – 22.00	11.30 – 16.00 17.15 – 19.00	16.00 – 17.45 21.00 – 22.00 (Adults)		10.30 – 11.15		19.00 – 20.00	9.30 – 10.30 20.00 – 21.00		
Wednesday	8.30 - 9.30 21.00 – 22.00	12.00 – 16.00 17.15 – 19.00	16.00 – 17.15	9.30 – 12.00				20.00 – 21.00		19.00 - 20.00
Thursday	8.30 - 9.30 20.30 - 21.30	12.00 – 13.30 17.15 – 18.30	16.00 – 17.15	9.30 – 12.00 13.30 – 14.30					19.30 – 20.30	18.30 – 19.30
Friday	8.30 – 9.30 20.00 - 21.00	12.00 – 16.00 17.15 – 18.30	16.00 – 17.15	9.30 – 12.00 14.00 – 15.00						18.30 – 20.00
Saturday		12.15 – 15.45 18.00 – 19.00 (Family Swim)	9.00 – 12.45							
Sunday	20.00 - 21.00	9.00 – 16.00 19.00 – 20.00								16.00 – 19.00

* Adult swimming lessons – no booking required. Booking essential for children’s swimming lessons.
Please note during some general swimming times there may be other activities taking place, restricting full pool use.
The pool is available for party hire on Saturdays 4.00 – 5.00pm – please see our junior activity programme on reception for more information.
The pool is closed every Thursday 2.30 – 4.00pm for staff training.

Please see separate programme for opening times during school holidays.