



Find Your Protein!

Word Search Puzzle

E M T D D L T N D Z T A P L E
B S H R I M P Y E K R U T M C
S H Z M X G W A U I T F A H G
S G A O F U W B G G E M I A L
E A F M H Z E R Q J A C W F A
C G E J B A K F M D K O Q W T
N P A P N U B A E E W G O E U
R K R S K G R E N N N E C B N
G D G T U C R G B U S P K R A
U A F U Y A I L E E G H U R O
B O C N I P S H E R O F C E P
S A L M O N H H C V D G H H J
B Y T J T R C L H A T Q V C U
K A H Z P T T A U Q O N H P N
Q K P P Z I U V V C H V L C Y

Find The Following Words!

- | | | |
|-----------|---------|---------|
| beans | cheese | egg |
| chickpeas | edamame | nut |
| hamburger | hotdog | shrimp |
| salmon | sausage | chicken |
| tuna | turkey | |