

Healthy Play Activity: Playground Fortune Teller

Blank Template

Creating Your Paper Game:

1. Have your students fold on the fold lines. Fold the triangles to make a square.
2. Turn over and fold each corner into the center.
3. Fold in half again and into quarters.
4. Then put your fingers in to pinch and make opposite sides come together.
5. Ask a child to pick a food category. Then spell out what they pick by opening your fingers alternating. Have a child look in and pick a number. Then, count that amount. Now pick another number. That is the number of times they will have to do what is beneath the number!
6. Have your students work in pairs on the playground with their device.

