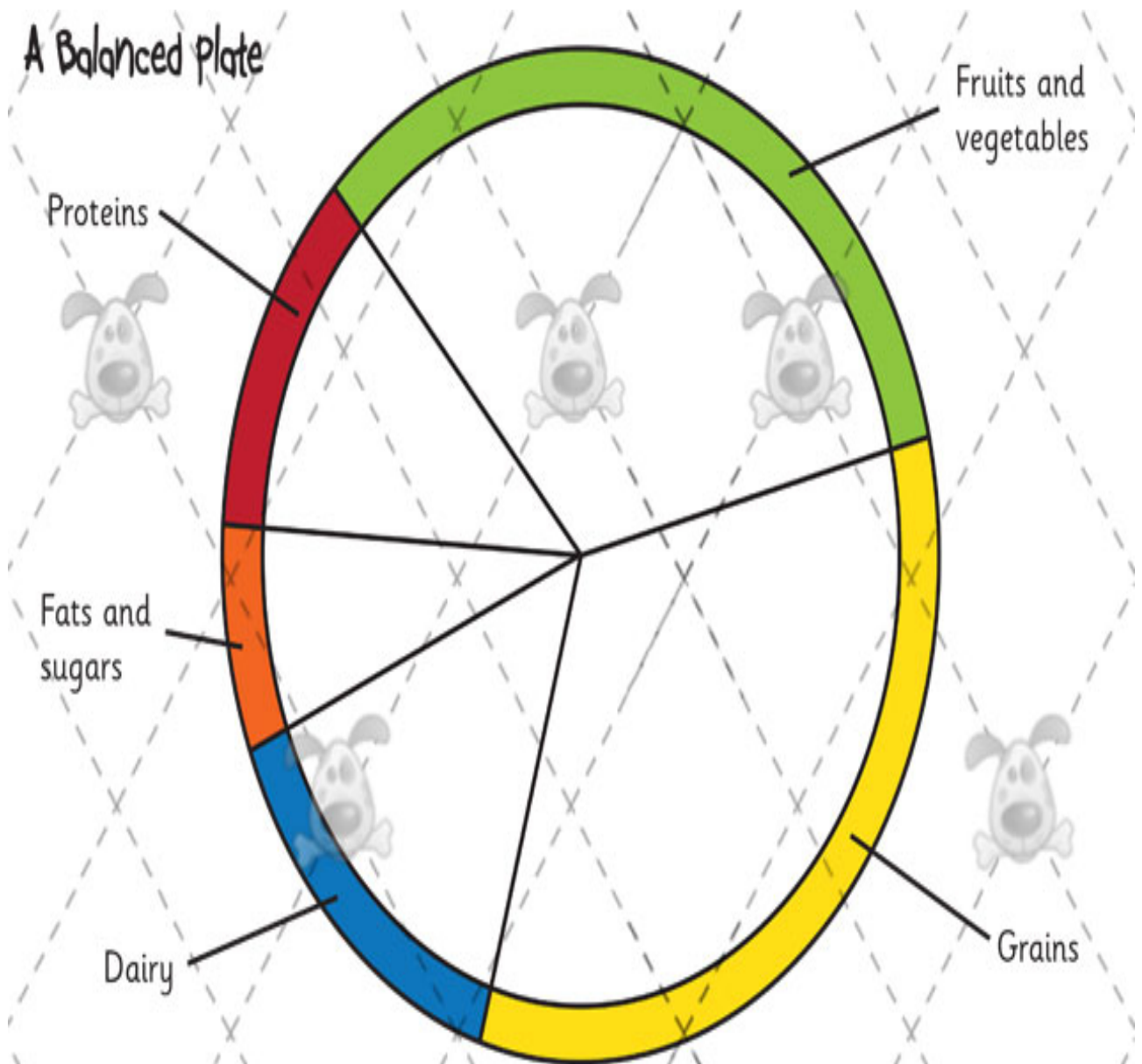


# A Balanced plate



Fruits and vegetables

Proteins

Fats and sugars

Dairy

Grains

Cut out and sort the food pictures into each of the 5 food groups

