

Blessing Backpack Checklist

BASICS:	TOILETRIES
Wool beanie {hat}	Multi-purpose wipes
Smart wool socks	Chapstick
Gloves	Facial wipes
Scarf	Moisturizer
	Comb
FOOD & DRINK	Toothbrush & tooth paste
Quality instant coffee	Grooming kit
Tea	
Energy drink	SURVIVAL
Beef jerky	First aid kit
Dried fruit	Water bottle with built in filter
Fruit leathers	Heat-pack
Trail mix	Multi-purpose tool
Nuts	
Granola bars	TREATS:
Protein powder packets	Chocolates
Restaurant gift cards	Fruit snacks
	Cookie snack packs
HELP THEM CONNECT	Candy {individually wrapped}
Journal & pen	Mints
Stationary	Chewing gum
Stamps	
Pre-paid phone card	SPLURGE:
	Starbucks gift card
	Compact reusable bag

HomeSweetRoad.com