

Hygiene Chart

Keeping Clean

write name above



| | Brush My Teeth | | Brush My Hair | Wash My Hands | Wash My Face | Shower or Bath | |
|-----------|----------------|------|---------------|---------------|--------------|----------------|--|
| | Morning | Nite | | | | | |
| Monday | | | | | | | |
| Tuesday | | | | | | | |
| Wednesday | | | | | | | |
| Thursday | | | | | | | |
| Friday | | | | | | | |
| Saturday | | | | | | | |
| Sunday | | | | | | | |

If I do everything on my "Keeping Clean" list, I can choose from the Mommy and Daddy Reward list below.

| | My choice [Write in] | Gave Me a Hug! | Take me out for Breakfast, Lunch or Dinner | Played or Read to Me for 30 minutes |
|-----------|----------------------|----------------|--|-------------------------------------|
| Monday | | | | |
| Tuesday | | | | |
| Wednesday | | | | |
| Thursday | | | | |
| Friday | | | | |
| Saturday | | | | |
| Sunday | | | | |



www.ToddlerABC.com

