

Footprints in the Sand

One night I dreamed...

I was walking along the beach with the Lord.
Many scenes from my life flashed across the sky.
In each scene I noticed footprints in the sand.
Sometimes there were two sets of footprints,
Other times there was one set of footprints.

This bothered me because I noticed
That during the low periods of my life,
When I was suffering from anguish, sorrow or defeat,
I could see only one set of footprints.

So I said to the Lord, "You promised me Lord,
That if I followed you, you would walk with me always.
But I have noticed that during the most trying periods of my life
There has only been one set of footprints in the sand.
Why, when I needed you most, have you not been there for me?"

The Lord replied, "The times when you have seen
Only one set of footprints in the sand, is when I carried you."

—Mary Stevenson