

STAIN REMOVAL GUIDE

STAIN	TREATMENT
BLOOD	Soak in cold water, mixed with two tablespoons of salt or ammonia.
CHOCOLATE	Remove as much of the excess as possible, being careful not to spread the stain. Rinse from the reverse side with cold water. Gently rub in some liquid detergent and leave it to sit for 5 minutes, then soak for 15 minutes in cold water.
COFFEE	Mix 1 teaspoon of white vinegar with two cups of water and apply to the stain with a sponge.
CRAYON	Sprinkle baking soda onto the crayon marks and rub with a cloth.
INK (BALL POINT)	Take a little non-gel toothpaste over the affected area and rub gently. Wash off with soap. Repeat if necessary.
INK (DRY ERASE MARKER)	Rub stain with dish soap and a damp cloth, before washing with a biological detergent.
GRASS	Pre-treat the stain with white vinegar or dish soap.
GREASE	Sprinkle baking soda on the affected area to soak up excess grease. Rub the stain with liquid dish soap and wash in the hottest water suitable for the garment.
GUM	Apply an ice cube to the area to harden the gum, or put in a freezer. Scrape off as much of the hardened gum as possible then pre-treat the area with a mixture of dish soap and white vinegar.
MUD	Allow the mud to dry completely. Remove as much of the mud as you can then rub dish soap into the area with a damp cloth.
PERSPIRATION	Create a paste with baking soda and water. Apply it to the stain and leave it to sit for an hour.
PROTEIN	Apply a paste of baking soda and water and leave for one hour. Soak garment in cold water then wash as usual.
RED WINE	Sprinkle salt on the area to absorb as much of the stain as possible. Rinse from the reverse side of the stain with boiling water and wash immediately.
RUST	Squeeze lemon juice onto the stain and sprinkle with salt. Allow garment to bleach naturally in the sun.
SAUCES	Apply white vinegar directly onto the stain and wash immediately.