

a CLEAN home every day

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checklist

every day

- make beds
- wipe down bathrooms
- sweep after each meal
- wipe kitchen counters after each meal
- put away dishes / run dishwasher
- open mail and file
- go through school papers and file
- entire house pick-up
- vacuum main floor / living area
- laundry

weekly

- vacuum entire house
- dust and wipe down all furniture
- wash sheets and towels
- vacuum under couch cushions
- mop floors
- empty trashes
- wipe down kitchen cabinets
- deep clean bathrooms

- wipe down kitchen chairs
- clean glass
- deep clean kitchen: burners, microwave, drawers, stovetop

monthly

- sweep out garage
- vacuum out windowsills
- dust ceiling fans
- wash walls & baseboards
- clean oven
- clean fridge & freezer
- wash down doors & light switch plates
- cycle clean washer & dishwasher
- clean out garbage cans
- wipe down & dust vents
- wash bed quilts

my list

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