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Back-to-Back Partner Draw

Goal, Time, Participants

Targeted Diagnosis:

- RDCD
- Behavior Disorders

Targeted Skills:

- Communication Skills
- Active Listening
- Following Directions

Materials: paper & writing utensil
or I have to do this activity with
crayons

Instructions:

1. Sit back-to-back with a partner. Make sure that you can hear the other person, but can't see their face or their drawing.
2. Select one participant to be the leader.
3. The leader draws a picture and, while drawing, gives verbal instructions for others to draw the same picture. Give clear, step-by-step instructions, but do not state what the object is. For example, don't say "Draw a flower" but rather start by saying, "Draw a circle in the center of your page-about the size of your fist."
4. Instructions can only be given once. Practice communicating clearly & active listening.
5. Participants cannot ask the leader questions.
6. Compare drawings. Discuss differences.
7. Practice multiple times, switching out leaders.

Discussion Prompts:

- How easy or difficult did you find this task? Which parts did you think were the most difficult?
- What skills do you need in order to be successful with this activity?
- Evaluate your own & your partner's communication skills. Provide constructive feedback to each other. In what ways can you improve your own communication?
- How do good communication skills help you in school, with friends, at home, etc?
- Talk about a time when you didn't use good communication skills and it led to a misunderstanding, argument, or got you into trouble.
- Name a lot of ways to ignore directions, improve listening, & to improve communicating with others.

