

Height and Weight Chart

Age (yrs)	Male									Female								
	Height (cm)			Weight (kg)			BMI (kg /m ²)			Height (cm)			Weight (kg)			BMI (kg /m ²)		
	3rd	50th	97th	3rd	50th	97th	3rd	50th	97th	3rd	50th	97th	3rd	50th	97th	3rd	50th	97th
6	107.8	117.5	132.8	15.9	20.5	30.1	12.5	15.2	19.5	106.1	115	130.3	15.0	19.8	29.9	12.2	15.3	20.7
6.5	110.5	120.3	135.5	17.2	22.1	32.2	12.7	15.4	20.0	108.9	118.2	133.6	16.2	21.7	32.3	12.4	15.6	21.0
7	113.3	123.7	138.6	18.4	23.9	34.9	12.9	15.7	20.4	111.5	121.3	136.8	17.4	23.2	34.8	12.5	15.8	21.3
7.5	116.2	126.7	141.8	19.7	25.8	37.8	13.0	16.0	20.8	114.1	124.4	140.1	18.6	25.1	37.3	12.6	16.1	21.5
8	119.2	129.9	145.0	21.0	27.7	40.3	13.2	16.2	21.3	117.0	127.9	143.8	19.8	27.0	40.1	12.8	16.3	21.8
8.5	122.0	133.0	148.2	22.2	29.5	43.0	13.4	16.5	21.7	119.4	131.0	147.1	20.9	28.8	42.9	12.9	16.6	22.0
9	124.9	135.9	151.4	23.4	31.2	46.0	13.6	16.8	22.2	121.8	134.0	150.2	21.9	30.4	45.2	13.0	16.8	22.2
9.5	127.1	138.8	154.5	24.7	33.0	49.0	13.8	17.0	22.7	124.2	137.1	153.1	22.8	32.0	47.9	13.2	17.0	22.5
10	129.8	142.0	157.8	26.0	35.0	52.0	14.0	17.3	23.2	126.7	140.2	156.0	24.0	33.9	50.1	13.4	17.2	22.7
10.5	132.0	144.8	160.9	27.2	37.0	55.1	14.1	17.6	23.6	129.2	143.4	159.0	25.2	35.9	52.7	13.6	17.4	23.0
11	134.2	147.6	163.9	28.4	39.1	58.1	14.3	17.9	24.1	132.2	146.8	162.1	26.7	38.1	55.6	13.8	17.7	23.3
11.5	136.5	150.5	166.9	29.7	41.2	61.1	14.5	18.2	24.5	135.1	149.9	165.0	28.4	40.3	58.5	14.1	17.9	23.6
12	138.6	153.7	170.1	31.0	43.5	64.2	14.7	18.5	24.9	138.2	152.9	167.9	30.4	42.5	61.2	14.5	18.2	24.0
12.5	140.8	156.8	173.3	32.6	46.1	67.5	15.0	18.8	25.3	141.1	155.7	170.4	32.4	44.8	63.9	14.8	18.5	24.5
13	143.0	160.0	176.8	34.2	49.0	71.1	15.2	19.1	25.5	144.0	158.0	172.6	34.5	47.1	66.3	15.2	18.8	25.0
13.5	145.6	163.2	179.8	36.2	51.8	74.4	15.5	19.4	25.8	146.8	160.2	174.1	36.2	49.2	68.3	15.5	19.1	25.3
14	148.1	166.1	182.3	38.3	54.4	77.9	15.8	19.7	26.1	148.6	161.9	175.3	38.1	51.0	70.0	15.7	19.4	25.5
14.5	150.9	169.0	184.8	40.5	57.1	81.0	16.2	20.0	26.3	150.2	163.2	176.2	39.4	52.6	71.2	16.0	19.6	25.8
15	153.8	171.7	186.4	42.9	59.7	83.2	16.5	20.3	26.5	151.4	164.1	177.0	40.9	53.7	72.4	16.3	19.8	26.0
15.5	156.5	173.8	187.8	45.0	61.9	85.1	16.8	20.6	26.7	152.5	164.9	177.7	42.0	54.7	73.2	16.5	20.0	26.1
16	158.8	175.4	189.0	47.2	64.0	86.7	17.1	20.8	26.8	153.3	165.5	178.3	43.0	55.5	73.8	16.8	20.2	26.0
16.5	160.9	176.8	189.8	49.2	66.0	87.6	17.4	21.1	26.8	154.0	166.2	178.8	44.0	56.2	74.3	17.0	20.3	25.9
17	162.9	178.0	190.5	51.3	67.8	88.3	17.7	21.4	26.8	154.7	166.7	179.5	45.0	57.1	75.1	17.2	20.5	25.8
17.5	164.8	179.2	191.1	53.2	69.5	88.9	17.9	21.6	26.8	155.2	167.1	180.1	46.1	57.8	75.9	17.5	20.6	25.7
18	166.3	180.2	191.7	55.2	71.2	89.5	18.1	21.9	26.8	155.7	167.6	180.8	46.9	58.3	76.6	17.7	20.7	25.6