

Recipe: Granny's Stuffed Peppers

From: Mom

Ingredients:

1 lb ground beef
2 green bell peppers
2 1/2 C basmati rice
1 can tomato basil soup (GF)
salt
pepper
garlic salt
onion powder

Directions:

Cook basmati rice as directed.
Mix together ground beef and 1 cup of cooked rice.
Season with salt, pepper, garlic salt and onion powder.
Slice peppers and remove stems and seeds.
Fill peppers with meatball from meat mixture.
Make meatballs with remaining mixture.
Place stuffed peppers and meatballs into a baking dish.
Combine soup with one soup can of water and
Cover stuffed peppers and meatballs with soup.
Bake at 350° for 45 minutes.



Alaina Ann