Laundry Stain Removal Chart

Photo Reviewed: 31 Levels

Stain Type	Treatment	Stain Type	Treatment
Berries and Fruit (Berries, cherries, pomegranate, etc.)	Pretreat or designate stained clothing for laundering. If stain is fresh, rinse in cold water, pre-treat with stain remover, and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.	**Lipstick**	Place paper towel under stain and dab with rubbing alcohol. Rinse and launder.
Blood	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.	**Mildew** (and molds)	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.
Candle Wax (and other waxes)	Place paper towel under stain and dab with rubbing alcohol. Rinse and launder.	**Milk** (and fat-based products, ice cream, yogurt, and other dairy products)	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.
Chewing Gum (Bubble gum, sticky candy)	Place paper towel under stain and dab with rubbing alcohol. Rinse and launder.	**Mustard**	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.
Chocolate	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.	**Nail Polish**	Place paper towel under stain and dab with rubbing alcohol. Rinse and launder.
Coffee (and tea, and other drinks)	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.	**Pollen** (and other plant matter)	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.
Deodorant (and antiperspirant)	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.	**Pollution** (Airborne)	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.
Dirt (and mud)	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.	**Rust** (Metal)	Place paper towel under stain and dab with rubbing alcohol. Rinse and launder.
Crayon	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.	**Soot**	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.
Cosmetics (and other makeup products, including lipstick, eye liner, eye shadow, and foundation)	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.	**Tar** (and road compounds)	Place paper towel under stain and dab with rubbing alcohol. Rinse and launder.
Grass Stain	Place paper towel under stain and dab with rubbing alcohol. Rinse and launder.	**Tobacco** (including tobacco juice, cigars and smokeless tobacco)	Place paper towel under stain and dab with rubbing alcohol. Rinse and launder.
Grease	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.	**Vomit** (and other bodily fluids)	Pretreat or designate stained clothing for laundering. If stain is fresh, pre-treat with stain remover and launder in hot water. If stain is old and does not come out in the wash, soak stained area in hot water with a few drops of dish soap and a few drops of bleach. Rinse and launder. Repeat if necessary.

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