

DATE:

# DAILY PLANNING

BIRTHDAYS/ANNIVERSARIES:

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TODAY'S POINT OF FOCUS:

TODAY'S SCHEDULE:

6:00 .....

7:00 .....

8:00 .....

9:00 .....

10:00 .....

11:00 .....

12:00 .....

1:00 .....

2:00 .....

3:00 .....

4:00 .....

5:00 .....

6:00 .....

7:00 .....

TO DO:

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▶▶▶▶ MAKE TIME FOR:

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|--|-------------------------------------|
| <input type="checkbox"/> SPIRITUAL GROWTH  | <input type="checkbox"/> ROMANCE    |
| <input type="checkbox"/> FRIENDSHIPS       | <input type="checkbox"/> MEDITATION |
| <input type="checkbox"/> SPONTANEOUS FUN   | <input type="checkbox"/> EXERCISE   |
| <input type="checkbox"/> LEARNING & STUDY  | <input type="checkbox"/> CLEANING   |
| <input type="checkbox"/> REST & RELAXATION | <input type="checkbox"/> CREATING   |
| <input type="checkbox"/> HOME IMPROVEMENT  | <input type="checkbox"/> NOTHING    |