

while I was here...

name: Jonah date: 8/17/08

I drank

when 8am how much 3oz

when 11:45am how much 3oz

when 2pm how much 2.5oz

when 5:15pm how much 4oz

I was

happy sweet
 sad sensitive
 quiet silly

I slept

when 9am how long 2 hrs

when 12:45pm how long 15 hrs

when _____ how long _____

I ate

what 1/2 jar of sweet potatoes when 12:15pm yummy so-so yucky

what rice cereal when 12:15pm yummy so-so yucky

what _____ when _____ yummy so-so yucky

I had fun

Jonah had a great day. He
was really happy on the playmat
and spent some time reaching for
the hanging toys. He giggled
when we put a mirror right
in front of him.

I went

wet poo when 8:5am

wet poo when noon

wet poo when 3pm

wet poo when: _____

I need

diapers wipes

clothes formula

other: _____