

# Safety FIRST

- Never babysit for someone that you or your parents don't know, or that you are not comfortable with. It's okay to say NO.



## How to BE A GREAT BABYSITTER

1. Be confident about your babysitting job!
2. Be mature and calm in every situation.
3. Be creative and use safe household items to play games, dress up, have a puppet show, etc.
4. Be safe. Follow all of the household rules as well as those found in the safety first handout.
5. Be fun! Don't watch tv, text or talk on the phone the whole time. Get involved with the kids.
6. Be clean. Don't make a mess and if you get the chance, tidy up before the parents arrive home.
7. Be alert! Pay attention to what is going on with the kids and know where they are at all times.
8. Be firm. If things get out of control, have everyone sit down and have a calm talk with them. If necessary, call their parents.
9. Be interesting. Bring one of your favorite childhood books or movies or a favorite treat.

## Important INFORMATION

Parents name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Emergency Phone Numbers: \_\_\_\_\_  
Parents are at \_\_\_\_\_  
Parents will be home by \_\_\_\_\_  
Special instructions: \_\_\_\_\_  
Special instructions: \_\_\_\_\_

## Fun GAMES TO PLAY

### BLOWING COTTON BALLS

Give each child a cotton ball. Designate a finish line. Have the children get behind the finish line on their hands and knees and blow their cotton ball across the floor. Whoever crosses the finish line first wins!

## add to YOUR KIT

Here are some suggestions of things you can add to your kit on your own. Be sure to check with your parents before adding anything.

- Coloring Books/Coloring Pages. Print them from the internet or purchase an inexpensive coloring book from the dollar store.
- Diapers and blank paper.
- Small first aid kit with band-aids, antiseptic wipes.
- Old issues of the Friend magazine or other kid magazines like Highlights, American Girl, etc.
- A flashlight with batteries. fun to play with and useful if the lights go out.
- Games and puzzles. Maybe your little siblings have some that they don't use anymore.
- An old sheet for making tents or forts.
- Books. Kids love to be read to. Go through your old ones and see what you can find.
- Paper or plastic cups. Kids love stacking and making towers out of them.

The possibilities are endless! Just be creative and you can have fun with anything!

### AE

1. Child hold the sock and feel the object inside of it. Then have the object in. Draw them clues until they guess what it is.

### SKETBALL

Use kids socks that have been rolled up into ball shapes. Let them throw each basket the child makes by moving the basket farther away.

Recent colored crayons together. Let the children use the old crayons.

Use the Children's Songbook poem memory and make verses. See who can make the most and act like it while the others guess what