

## **Summer Solstice**

Introduction: Summer Solstice is the first official day of summer. It is



Make memories:

-Create a summer bucket list of all the fun memories you want to make over the next couple months – (or make <u>summer cards</u> to help you keep track) ideas might be go to the beach, swimming, paint a sun, visit a <u>museum</u>, build a tee pee, learn a <u>constellation</u> and find it in the <u>night sky</u>, do a messy science experiment, go <u>geocaching</u>, make ice cream in a Ziploc bag, make your own super giant <u>bubble mixture</u>, visit family or close friend, water <u>balloon target practice</u>, free movies at theater, and the list could go on and on

## Crafts and Activities:

- Study the significance of the summer solstice and what is going on with the earth on this day
- 20 fun ideas for summer, 50 fun crafts for summer or our pinterest board for tons of fun ideas
- Make a <u>sun dial</u> using a paper plate; <u>Mixed media sun</u> use paper, foam, paint and other supplies you have to make a fun looking sun; or <u>hand print</u> sun
- Design an Amazing Race

## Foods:

- solar oven S'mores create your own solar oven with a pizza box
- coconut popsicles
- sun cupcakes with candy corn or gumdrops
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## **Facts about Summer**

- The summer solstice is the longest day of the year
- summer solstice brings the greatest amount of light to the Northern Hemisphere, not the greatest amount of heat.
- Earth is tilted toward the sun in the summer and away from the sun in the winter
- the sun will arrive at its northernmost point in the sky
- People from many different cultures have held solstice celebrations for thousands of years
- The summer solstice is a time to celebrate renewal, life, fertility, and the potential for a good harvest

Source: Facts and Info

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